THE CATALYST **Quality Palliative Care in Long-Term Care Alliance**

September 2011



Alliance makes presentation using OTN

The QPC-LTC Alliance hosted a special OTN event on June 28th, 2011. This presentation was done to highlight the achievements of the four homes to date. The Agenda was as follows: Project Overview, New LTC Home Act: Implications for Palliative Care for LTC by Judith Wahl from the Advocacy Centre for the Elderly, Environmental Scan Findings, and Interventions the homes have adopted. Approximately 50 people joined live and 100 people from across Ontario have already viewed the archive video.

Agenda

Project Overview	Dr. Elaine Wiersma, Lakehead University, Department of Health Sciences, Co-Investigator
New LTC Home Act:	Judith A. Wahl, Advocacy Centre for the
Implications for Palliative	Elderly, Barrister and Solicitor, Executive
Care for LTC Homes	Director
Palliative Care in LTC:	Alesha Gaudet, MSW, Centre for
Perspectives of Staff	Education and Research on Aging &
Residents and Families	Health (CERAH), Project Manager

Interventions to Enhance Palliative Care in LTC

Diane Crawshaw, McMaster University, Research Coordinator

For more information regarding this event, or to see the PowerPoint presentations and archieved video please CLICK HERE.











This past June, 18 staff members from Hogarth Riverview Manor and Bethammi

Innovative education offered to frontline staff

Nursing Home participated in an innovative learning opportunity utilizing high-fidelity simulation (HFS). HFS involves the use of computer-based manikins equipped with technology that produces lung, heart, and stomach sounds, in addition to voice projection capabilities to recreate a real life situation typically experienced by staff in longterm care (LTC). This is the first time training like this has been offered to frontline LTC home staff. The sessions took place in the high-fidelity simulation lab in the School of Nursing at Lakehead University and were facilitated by Kathy Kortes-Miller, Coordinator of the Palliative Care Certificate Program, and Kristen Jones, Faculty, School of Nursing.



Carolyn, the simulated resident depicted above was created to help participants to improve communication around death and dying. Thank you to those who participated and for taking such great care of Carolyn at the end of her life! Thanks to your involvement, more PSWs may be able to experience this type of experiential learning in the future.

-Stephanie Hendrickson, MSW (candídate)

Mary Lou receives award from CHPCA!



The Canadian Hospice Palliative Care Association announced at its annual conference in Newfoundland that Mary Lou is the recipient of the 2011 Award of Excellence in Hospice Palliative Care. She is the first person in Northwestern Ontario as well as the first university based researcher and educator to be awarded with this achievement. Please see <u>CLICK</u> <u>HERE</u> for more information.

QPC-LTC Project welcomes three SSHRC funded trainees

The Alliance would like to Welcome Sandra Vidotto and Kim Ramsbottom. Both are Masters of Social Work students with a collaboration of Gerontology from Lakehead University and will complete their project and placement on the project. Lucinda Landau Mdiv (c), Dmin will also be working on the project as a Chaplaincy Research Associate. She will be working with the Multifaith Council to develop training for the long-term care volunteers. They look forward to updating with you on their work in future newsletters.

Save the date!

Alliance Members as well key members from key organizations that have influence on health policy change regarding long-term care and palliative care will be invited to participate in a day long conference Thursday September 6th 2012 in Toronto.

CERAH and St. Joseph's Care Group featured in short film presented at the Alzheimer's Disease International

Researchers from Lakehead's Centre for Education and Research on Aging and Health (CERAH) and St. Joseph's Care Group (SJCG) have appeared in a short film highlighting the QPC-LTC project along with the work of Co-Investigator Elaine Wiersma. To view the video please <u>CLICK</u> <u>HERE</u>

The QPC-LTC alliance welcomes...

Research Collaborators:

Susan Scott

(School of Social Work, Lakehead University – Orillia Campus)

Alliance activity will focus on family needs through a resident's life in long-term care homes

Marg McKee

(School of Social Work, Lakehead University) Alliance activity will include palliative care competencies for personal support workers providing palliative care and music in longterm care

Dean Jobin-Bevans

(Music Department, Lakehead University) Alliance Activity will be incorporating a university music class into a long-term care home setting to provide music for residents

Community Partners:

Carpenter Hospice Ontario Long-Term Care Association Advocacy Centre for the Elderly

Project newsletters

Newsletters will now be re-instated and distributed bi-monthly. Newsletters will be sent out at the end of each of the following months: September, November, January, March, May, and July.