#### In-House:

### **Resources for Staff Orientation:**

- Introduction to Palliative Care RESOURCE?
- Introduction to Palliative Care Program and Services offered in the LTC home
- Ontario Association of Non-Profit Homes and Services for Seniors(OANHSS): Education and Resources www.oanhss.org

### In-Services/Lunch & Learn:

- Spirituality In-Service QPC-LTC
- Palliative Approach In-Service QPC-LTC

## Mentorship:

- Palliative Pain & Symptom Management Program/Consultant
- Peer to peer

#### **Huddles:**

• Just in time learning in response to an unexpected event/learning need – emergency type of education, for emerging need

### **External Resources:**

# Palliative Pain & Symptom Management Program/Consultant:

- Palliative Care Rounds
- In-Services
- Lunch and Learn
- Staff Mentoring
- Facilitate courses LEAP, Palliative Care For Frontline Workers

#### Websites:

- Life and Death Matters www.lifeanddeathmatters.ca
- Canadian Virtual Hospice www.virtualhospice.ca/
- Canadian Hospice Palliative Care Association <u>www.chpca.net/</u>
  - Palliative Learning and Resource Commons <u>http://www.peolc-sp.ca/splash.php</u>
- Centre for Research and Education on Aging & Health http://cerah.lakeheadu.ca/
- Quality Palliative Care in Long Term Care <a href="http://www.palliativealliance.ca/">http://www.palliativealliance.ca/</a>
- Alzheimer Knowledge Exchange Resource Centre http://www.akeresourcecentre.org/BETSI
- Northwestern Ontario End-of-Life Care Network http://www.nwoendoflifecare.ca/

- National Initiative for the Care of the Elderly (NICE) <a href="http://www.nicenet.ca/">http://www.nicenet.ca/</a>
- Cancer Care Ontario <a href="https://www.cancercare.on.ca/">https://www.cancercare.on.ca/</a>
- Educating Future Physicians in Palliative and End-of-Life Care (EFPPEC)

#### **Courses:**

- Instructor's Guide for Teaching Essentials in Hospice Palliative Care to Health Care Worker Students. Life and Death Matters, 2011.
  - DVD Teaching Presentations
- Palliative Care for Front Line Workers. Centre for Education and Research on Aging & Health (CERAH). Northwestern Ontario. <a href="http://cerah.lakeheadu.ca/">http://cerah.lakeheadu.ca/</a>
- Fundamentals of Hospice Palliative Care. Southern Ontario.
   <a href="http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeFundamentals.">http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeFundamentals.</a>
   <a href="http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeFundamentals.">http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeFundamentals.</a>
- Advanced Hospice Palliative Care Education (AHPCE). Southern Ontario.
   <a href="http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeAHPCE.htm">http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeCAPCE.htm</a>
   http://www.palliativecareswo.ca/LearningInitiatives/SouthwestLearningInitiativeCAPCE.htm
- LEAP Learning Essential Approaches to Palliative and End-of-Life Care. National.
- McMaster University Five Days on Palliative Care. Hamilton Ontario. http://fhs.mcmaster.ca/palliativecare/fivedays.html
- Training Manual for Home Support Workers, CHPCA Marketplace. http://conference.chpca.net/chpca/marketplace.nsf/pages/0601E#
- Hospice Northwest Volunteer Training
- Lakehead Palliative Care Certificate Program

## **Conferences:**

- CHPCA Conference
- Provincial Palliative Care Conferences OHPCA
- Canadian Association on Gerontology (CAG) Conference
- Personal Support Network of Ontario (PSNO) Conference
- CERAH Conference

### **Experiential Learning:**

•

### **Case/Story-Based Learning:**

- Canadian Association of Schools of Nursing (CASN).(2012). Palliative and End-of-Life Care Teaching and Learning Resources.
  - Care Story-based Learning: A Faculty Guide for Nursing Education

https://www.casn.ca/vm/newvisual/attachments/856/Media/PEOLCSBLFacultyGuideEn.pdf

 Story-based Learning: Powerpoint https://www.casn.ca/en/Palliative Care 122/items/5.html

#### **Toolkits:**

- Canadian Association of Schools of Nursing (CASN). (2012). Palliative and End-of-Life Care
   Teaching and Learning Resources.
  - Palliative and End-of-Life Care Toolkit: An online teaching and learning resource to support undergraduate nursing education programs in Canada. https://www.casn.ca/vm/newvisual/attachments/856/Media/PEOLCToolkitEn.pdf
  - Palliative and End-of-Life Care Toolkit: Powerpoint https://www.casn.ca/en/Palliative Care 122/items/5.html
- Canadian Hospice Palliative Care Association (CHPCA). (2005). Applying A Model to
  Guide Hospice Palliative Care: An Essential Companion Toolkitfor Planners, Policy Makers,
  Caregivers, Educators, Managers, Administrators and Researchers.
  <a href="http://www.chpca.net/media/34851/chpca-norms-toolkit-june-23-2005-press.pdf">http://www.chpca.net/media/34851/chpca-norms-toolkit-june-23-2005-press.pdf</a>
- QPC-LTC Tools for Change:
  - Social History Training Toolkit QPC-LTC
  - Snoezelen Training Toolkit QPC-LTC
  - Simulation Lab Toolkit QPC-LTC
  - Hospice Visits

#### **Practice Guidelines:**

 Registered Nurses Association of Ontario. (2011). End-of-Life Care during the Last Days and Hours. Clinical Best Practice Guidelines. Toronto, ON: Registered Nurses' Association of Ontario. <a href="http://rnao.ca/sites/rnao-ca/files/End-of-Life">http://rnao.ca/sites/rnao-ca/files/End-of-Life</a> Care During the Last Days and Hours 0.pdf

# **Distance Education:**

# **Online Courses:**

- Interactive Hospice PalliativeCare Courses: Essentials in Hospice Palliative Care Teaching and Learning Resources (various topics) Life and Death Matters.
  - o www.LDMonline.ca
- On-lineInterdisciplinary Palliative Care Certificate—Lakehead University <a href="http://www.nwoendoflifecare.ca/resources/Palliative">http://www.nwoendoflifecare.ca/resources/Palliative</a> Care Brochure1.pdf
- Independent Study Courses. Life and Death Matters.
   LDMonline.ca http://www.lifeanddeathmatters.ca/Online-Program/Idmonline.html
- DeSouza Institute Oncology & Palliative Care Education

## Videoconference/webstream:

- Palliative Care Rounds CERAH in collaboration with NOSM
- CME/CPD Video Conference Events CERAH

## **Self-Directed Learning:**

# Workbooks/Videos:

- Essentials in Hospice Palliative Care: A Resource for Caregivers. Second Edition. Katherine Murray, RN, BSN, MA, CHPCN(C). Life and Death Matters, 2009.
- Essential in Hospice Palliative Care Workbook Study Guide for Health Care Workers. Katherine Murray, RN, BSN, MA, CHPCN(C). Life and Death Matters, 2010.
- Essential Videos (4). Life and Death Matters.
- Essential Podcasts (60). Life and Death Matters.
- Help the Hospices. E-learning Current Learning in Palliative Care (CLiP). 15 minute online tutorials.
  - http://www.helpthehospices.org.uk/clip/index.htm
- Deb Parker <a href="http://www.uq.edu.au/bluecare/the-palliative-approach-toolkit">http://www.uq.edu.au/bluecare/the-palliative-approach-toolkit</a>

# Other:

- Canadian Association of Schools of Nursing (CASN). Environmental Scan: Palliative and End-of-Life Care Teaching and Learning Resources.
  - $\frac{https://www.casn.ca/vm/newvisual/attachments/856/Media/PalliativeandEndofLifeCareEnvironmentalScan.pdf$